

## **CANSKATE / PREPOWER (STAGE 2-5)**

Canskate (stages 2-5) and PrePower session includes group instruction from a Skate Canada certified coach and supervision by trained skating program assistants.

COACH: ROXANNE KOOT  
COACH: TANIA GHESQUIERE

ICE TIME: MONDAY ➤ 5:40 – 6:20 PM

**START DATE** - Monday, October 1, 2018

**CHRISTMAS BREAK FOR ALL CANSKATE/PREPOWER:** Friday, December 21, 2018 to Sunday, January 6, 2019

**MARCH BREAK FOR ALL CANSKATE/PREPOWER:** Saturday, March 9, 2019 – Sunday, March 17, 2019

**END DATE** - Saturday, April 13, 2019 (if participating in Carnival)  
Monday, March 4, 2019 (if not participating in Carnival)

There are seven stages of learning in the Canskate Program. Badges may be earned for each stage however, if a child is having difficulty with one element and cannot earn the badge for that stage, he/she has the opportunity to advance in other elements earning rewards for elements rather than stages.

### **PLEASE NOTE:**

- Parents are asked to watch their children from the bleachers or the warm room upstairs. Please do not sit in the players' boxes to watch your children as it distracts from the program.
- Parents/Guardians are required to stay at the arena at all times during lessons.
- Canskate/PrePower refund policy.....If within the first three skating sessions, you feel the program is not for your child, you may be entitled to a partial refund of your registration fees not including Skate Canada or lottery fees. Please submit your request in writing to the executive.
- **CSA approved hockey helmets are mandatory for Canskate B - Stages 2, 3, 4 & 5 and for all PrePower.** Skate Canada has implemented a new helmet policy effective July 1, 2011. Children are no longer permitted to wear bike helmets on the ice.
- Sometimes, a child will become upset during their lesson. Every effort will be made to comfort your child and encourage them to remain on the ice. If your child cannot be comforted, the coach will motion for you to come down and take your child off the ice.