

ICE SCHEDULE FOR THE 2021/2022 SEASON

(subject to change as needed)

MONDAY		
5:00 – 5:40	Pre-Canskate	
5:40 – 6:20	Canskate/PrePower	

TUESDAY		
4:30 – 4:45	Primary & Intermediate Starskate	Freeskate, Skills & Dance
4:45 – 5:00	Primary & Intermediate Starskate	Primary Group Lesson / Intermed. Skills/Dance
5:00 – 5:15	Primary & Intermediate Starskate	Freeskate, Skills & Dance
5:15 – 5:35	Primary & Intermediate Starskate	Stroking / Edges / Spins
5:35 – 5:50	Primary & Intermediate Starskate	Freeskate, Skills & Dance
5:50 – 6:20	Intermediate Starskate	Freeskate, Skills & Dance
6:20 – 6:30	Flood	
6:30 – 6:50	Senior Starskate	Stroking/Spins
6:50 – 8:20	Senior Starskate	Freeskate, Skills & Dance

FRIDAY		
4:30 – 4:45	Primary/Intermediate/Senior Starskate	Freeskate, Skills & Dance
4:45 – 5:00	Primary/Intermediate/Senior Starskate	Primary Group Lesson / Intermed. & Senior Skills/Dance
5:00 – 5:15	Primary/Intermediate/Senior Starskate	Freeskate, Skills & Dance
5:15– 5:35	Primary/Intermediate/Senior Starskate	Stroking / Edges / Spins
5:35 – 6:20	Primary/Intermediate/Senior Starskate	Freeskate, Skills & Dance
6:20 – 6:30	Flood	
6:30 – 7:20	Synchronized Skating Team Practice	

Note: Adult Starskaters can skate on their selected day during the Intermediate or Senior time slots as their schedules allow, in consultation with our coaching team.